

We're hosting a series of Book Chats on Twitter - it's easy, and we can't wait to chat with you! Even if you haven't read the books, you can join the discussion-- all are welcome. We'll present an overview of the topics beforehand, so you won't feel left out.

Many of you already know that our books are more about parenting than they are about drugs; so join our chat for parents, by parents.

All are welcome--tell your friends.

Where to find the books: On [our website \(publications page\)](#) or amazon.com

How to chat with us:

Attend from anywhere in the world, as long as you have internet connection.

If you just want to follow the discussion: Go to our twitter location: @MilesToGoDrugEd or the sub-category #moms (it's a gathering place for the tweets) and you'll see everything we say.

If you want to participate: click the reply symbol under a 'tweet' that you want to comment on. Our comment (or someone else's) will appear in your "What's Happening" box. You can add to this comment by typing and pressing send. **Please add the hashtag #moms to everything you write.**

FAQ:

- ◆ Yes, we're taking questions now via email: milestogo-drugeducation@juno.com
- ◆ Yes, you can be an observer. You are welcome to follow the conversation without commenting.
- ◆ Twitter is free. It takes minutes to set up an account - see how below.
- ◆ Yes, it's like attending a parent meeting from home.
- ◆ Yes, you can read the book chat on our twitter page the following day.
- ◆ Yes, we will attempt to make a podcast of the discussion.

How to use twitter:

1. Sign up for a free account at twitter.com.
2. Give yourself a name, password, and optional bio.
3. Don't forget to follow us: [@MilesToGoDrugEd](https://twitter.com/MilesToGoDrugEd)
4. Click on the Follow (green circle with the + sign)

What: Book Chat 1: *The Mother's Checklist*

Where: [Twitter.com](https://twitter.com) & hashtag type: #moms in the search

When: Saturday 12/10/11 8am -9amPST

Topics to discuss:

1. How early do we start talking about drugs, and how do we go about it?
2. Changing reactive speech to proactive speech.
3. Yes and no talk.
4. Parenting styles.
5. How to change your parenting style.
6. Why to change.
7. Challenges in changing parenting styles.
8. What parenting styles lead to.
9. Outlining your family values.
10. Being a role model.
11. Over-programming vs. the quiet mind.
12. The blue bag.

What: Book Chat 2: Holiday Party Safety - Based on our upcoming book: *Where's The Party?*

Where: [Twitter.com](https://twitter.com) & hashtag type: #wtp in the search

When: Monday 12/12/11 10am -11amPST

Topics to discuss:

1. Medicine cabinets.
2. OTC drugs.
3. Self medicating.
4. Go to your children's party.
5. Code words.
6. Cell phones/electronics at bed time.

What: Book Chat 3: *The Mother's Checklist*

Where: [Twitter.com](https://twitter.com) & hashtag type: #moms in the search

When: Saturday 12/17/11 7am -8amPST

Topics to discuss:

1. Problem solving.
2. Struggle.
3. Establishing passion.

4. Goal setting.
5. Your goals--taking care of you.
6. Family mission statements.

What: Book Chat 4: *Not All Kids Do Drugs*

Where: [Twitter.com](https://twitter.com) & hashtag type: #NAK in the search

When: Monday 12/19/11 9am -10amPST

Topics to discuss:

1. Why we chose the title *Not All Kids Do Drugs*.
2. All kids are going to do drugs, so why don't we teach them how to use safely?
3. All kids will eventually use, so why not let them do it in the safety of our home?
4. I lived through the 60's, 70's, or 80's. I drank and smoked myself under the table, and nothing ever happened to me. Why can't I take care of my child and teach them to use responsibly?
5. What about the way they use alcohol in Europe? Don't they drink at an early age and have no problems with alcohol at all?
6. Looking for teachable moments.

What: Book Chat 5: All Books Discussed w/chat Q&A

Where: [Twitter.com](https://twitter.com) & hashtag type: #moms in the search

When: Wed. 12/28/11 8:30 - 9:30am.

Topics to discuss:

1. Putting it all together: Everything I Ever Learned About Parenting I Learned at Disneyland.
2. Role models.
3. TBD.